

Melissa L. Briggs

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5’5’’ • 115lbs • Eyes: Hazel • Hair: Brown • US Citizen • SAG-AFTRA • The Ballet Agency

Education

Master of Arts in Clinical Mental Health Counseling with a Dance/Movement Therapy Specialization	<i>Lesley University -Scholarship</i>	Cambridge, MA	2020 - 2022
Bachelor of Fine Arts in Contemporary Dance Performance with Ballet Emphasis	<i>Boston Conservatory at Berklee Graduated Summa Cum Laude</i>	Boston, MA	2017 - 2020
RAD Ballet Syllabus Certification	<i>Royal Academy of Dance London</i>	Boston, MA	2017 - 2020
<i>Additional Education and Dance Training</i>			
Mark Morris Dance Group Adult Summer Intensive		Brooklyn, NY	2019
City Ballet of San Diego Trainee Program		San Diego, CA	2014 - 2015
Los Angeles Ballet Trainee Program		Los Angeles, CA	2013 - 2014
Joffrey Ballet Chicago Trainee Program		Chicago, IL	2012 - 2013
Beverly Hills High School Dance Company		Beverly Hills, CA	2009 - 2010
Westside Ballet School		Santa Monica, CA	2006 - 2012
Joffrey Ballet School		New York, NY	1998 - 2006
Boston Ballet School		Boston, MA	1996 - 1998

Experience - Professional Dance, Teaching, and Mental Health Counseling

Associate Clinician/Dance/Movement Therapist Abundance Therapy Center	Los Angeles, CA	2023- Present
Associate Clinician/Dance/Movement Therapist Amend Treatment	Malibu, CA	2022 - 2023
Clinical Intern Discovery Mood & Anxiety Program	Los Angeles, CA	2022 - 2022
Clinical Intern Lesley Threshold Program	Cambridge, MA	2021 - 2022
Realm Company Soloist	Los Angeles, CA	2022 - Present
California Ballet Company Apprentice	San Diego, CA	2015 - 2017
Dance & Company Ballet Instructor & Administrator	San Diego, CA	2015 - 2020
DanceFIT Ballet Instructor Assistant	Boston, MA	2018 - 2020
Digital Dance Project Dancer	Los Angeles, CA	2020 - 2020

Performances

Phoenix Rising “lead Ballerina”	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2025
Krampus	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2024
SoCal Ballet Scene II	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2024
Synergetic II	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2024
Peacock Theater, Shahkar BineshpajooH	<i>The Ballet Agency</i>	Chasen Greenwood	Los Angeles, CA	2023
The Phoenix	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2023
Synergetic	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2023
Models of Pride	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2022
SoCal Ballet Scene	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2022
The Realm Vol.1	<i>The Realm Company</i>	Chasen Greenwood	Los Angeles, CA	2020
Patreon Exclusive	<i>Digital Dance Project</i>	Marinna Kus	Los Angeles, CA	2020
Tangible Motion	<i>Digital Dance Project</i>	Marinna Kus	Boston, MA	2020
Snowed In; A Winter Dance Program	<i>Digital Dance Project</i>	Marinna Kus	Boston, MA	2020
Intersections	<i>Digital Dance Project</i>	Marinna Kus	Boston, MA	2020
Baryshnikov Trib. Film	<i>Boston Conservatory at Berklee</i>	Brian McGinnis	Boston, MA	2020
NINE	<i>Boston Conservatory at Berklee</i>	Darrell Moultrie	Boston, MA	2019
Metallica Project	<i>Boston Conservatory at Berklee</i>	Otis Sallid	Boston, MA	2019
Paquita	<i>Boston Conservatory at Berklee</i>	Gianni DiMarco & Adriana Suarez	Boston, MA	2019
con•ver•sa•tion•s	<i>Boston Conservatory at Berklee</i>	Juel D. Lane	Boston, MA	2019
Urgency	<i>Boston Conservatory at Berklee</i>	Gianni DiMarco & Adriana Suarez	Boston, MA	2018
Sig. Series at Berklee	<i>Berklee College of Music</i>	Ruka White	Boston, MA	2017
Nutcracker, Don Q.	<i>California Ballet Company</i>		San Diego, CA	2015 - 2017
Balanchine Spectacular	<i>City Ballet of San Diego</i>		San Diego, CA	2015
Walpurgisnacht	<i>City Ballet of San Diego</i>		San Diego, CA	2015
Nutcracker, Paquita	<i>City Ballet of San Diego</i>		San Diego, CA	2014
Nutcracker	<i>Los Angeles Ballet</i>		Los Angeles, CA	2013

Choreography

Efflorescence	<i>Boston Conservatory at Berklee</i>	Boston, MA	2017
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Acting

The Accompanist Awakening	<i>Frederick Keeve</i>	Los Angeles, CA	2025
Révérance	<i>Fitzgerald Film</i>	Los Angeles, CA	2025
Billy Knight “Principal Dancer”	<i>SAG-AFTRA</i>	Los Angeles, CA	2022
Comme Un Papillon “Bethany”	<i>LA Casting</i>	Los Angeles, CA	2021
4 Minute Film “Lead Ballet Dancer”	<i>LA Casting</i>	Los Angeles, CA	2021
European Wax Center “Featured BG Dancer”	<i>LA Casting</i>	Los Angeles, CA	2021